



The FS933L(M) is a medium/adult adjustable elbow crutch with forearm support cradle, adjustable to accommodate standard adult height range. Lightweight aluminium construction with ergonomic handgrip, non-slip rubber ferrule and forearm cradle. Sold as a single unit. Available from Vital Medical South Africa.

Medium/Adult Adjustable Elbow Crutch for Partial Weight-Bearing Ambulation

The FS933L(M) is a medium-size adjustable elbow (forearm) crutch for standard adult users requiring partial weight-bearing support during recovery from lower limb fracture, orthopaedic surgery, or in the management of lower limb neurological conditions. The forearm crutch design supports the user's body weight through the forearm cradle and hand grip, with the forearm resting in the anatomically shaped cradle providing both vertical load transfer and lateral stability during the swing and stance phases of crutch-assisted gait. This design avoids the axillary pressure of older underarm crutch designs, making the elbow crutch appropriate for extended rehabilitation periods where axillary crutch complications ? including radial nerve palsy ("crutch palsy") ? become a clinical concern.

Dual-Adjust Design for Precise Adult Fitting

Correct crutch fitting to each user's specific height and arm length is a clinical priority. The FS933L(M) provides dual-section adjustment to accommodate the range of standard adult body heights and arm lengths, allowing physiotherapists and rehabilitation staff to match the crutch precisely to the patient's biomechanical requirements. The ergonomic horizontal handgrip is shaped to reduce wrist and hand fatigue during extended ambulation. The lightweight aluminium shaft reduces the weight lifted with each gait cycle, preserving upper limb energy reserves for functional activities. The non-slip rubber ferrule provides safe floor contact on the ward, clinic and home hard floor surfaces typical in South African rehabilitation environments.

South African Orthopaedic and Rehabilitation Crutch Supply

The FS933L(M) adult elbow crutch is a standard item for South African orthopaedic wards, physiotherapy practices, sports medicine clinics and home care services providing crutch-assisted ambulation support for adult users following lower limb surgery or injury. Vital Medical supplies the FS933L(M) to South African healthcare providers requiring reliable, well-fitted adult forearm crutches for partial weight-bearing rehabilitation programmes.

Technical Specifications

Specification**Detail**

Model	FS933L(M)
Type	Adjustable Elbow (Forearm) Crutch ? Medium/Adult
Construction	Aluminium shaft, forearm cradle, rubber ferrule
Handgrip	Ergonomic horizontal grip
Size	Medium (adult standard height range)
Sold As	Single unit

SKU: VM-CRFS933M